

SNORKELS REFERENCE GUIDE



STABILITY SNORKEL TECHNICAL & TRAINING SNORKEL

SWIMMER ABILITY

INTERMEDIATE
& ADVANCED

The tube curves closely around your head to support an elevated body position while sprinting.

BEST TO USE FOR...

Great for keeping perfect stability through sprint and distance sets alike!



BENEFITS

- Bracketless™ design provides the most comfortable and stable fit
- The tube adjusts to five different lengths for a customized fit
- Patented mouthpiece can pivot to the side between sets

Designed for competitive swimmers who train at high speeds.



ORIGINAL SWIMMER'S SNORKEL TECHNICAL & TRAINING SNORKEL

SWIMMER ABILITY

BEGINNER, INTERMEDIATE
& ADVANCED

Features a purge valve, which allows water to flow out of the snorkel without entering the mouth piece. Takes a greater lung capacity to clear the snorkel of water after a flip turn. Also a great snorkel for beginners who are not doing flip turns.

BEST TO USE FOR...

Longer swim sets that include frequent flip turns and/or open turns.



BENEFITS

- Conditions your lungs and increases aerobic capacity
- Allows relaxation in the water to focus on stroke technique and rhythm
- Promotes proper head position and body alignment

Designed to build lung endurance and allow swimmers to focus on stroke technique.



GLIDE SNORKEL TECHNIQUE & TRAINING SNORKEL

SWIMMER ABILITY

BEGINNER, INTERMEDIATE
& ADVANCED

Simple design keeps this snorkel stable and allows swimmers to easily clear the tube if water enters.

BEST TO USE FOR...

All sets!



BENEFITS

- Provides perfect stability at any speed
- Builds lung strength
- Allows relaxation in the water to focus on stroke technique and rhythm

Designed as an introductory snorkel, can be easily cleared while swimming.



FREESTYLE SNORKEL DESIGNED FOR FREESTYLE

SWIMMER ABILITY

INTERMEDIATE
& ADVANCED

The curved design wraps around the head, which requires a greater lung capacity to clear the tube of water if it is submerged.

BEST TO USE FOR...

Freestyle – both long endurance sets and short sprint sets.



BENEFITS

- Makes your swim more enjoyable by preventing uphill swimming
- Promotes proper head position and body alignment
- Maximizes stroke efficiency

Designed specially for freestyle, curves around the head to reduce drag.



BUTTERFLY



BACKSTROKE



BREASTSTROKE



FREESTYLE